


In re application of: Robert M. Carmichael  
Serial No.: 09/730,116  
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Amendments to Specification

1. Please amend the first paragraph of the Summary of the Invention as follows:

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 The present invention provides an active control releasable ballast integrated weight system for use with dive equipment, such as, but not limited to, dive belts, buoyancy compensators, diver harnesses, life jackets, life vests, etc. The system preferably includes an exterior or fixed pocket, a removable ballast member pocket, a ballast member disposed within the removable pocket, a first strap attached to the exterior pocket, a second strap attached to or approximate the exterior pocket, a male insertion member attached to a first strap, and a female receiving member attached to the second strap. The male insertion member and female receiving member combine to form a side release buckle. The system can be incorporated integral or permanently attached to the dive equipment or can be removably attached to the dive equipment. The definition of "side release buckle" excludes hook and loop fasteners.

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